

LPCS Professional Disclosure Statement

Jennifer L Fieldman, LPC

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Qualifications

In 2003, I received my Master's of Arts in Mental Health Counseling at Roosevelt University in Chicago, Illinois. My initial license was as a Licensed Clinical Professional Counselor (LCPC #180.006306) in Illinois. I moved to Texas and I am a Licensed Professional Counselor (LPC #67948) in Texas. I am currently pursuing licensure as a Licensed Professional Counselor- Supervisor (LPC-S) in the state of North Carolina.

I attended Loyola University Chicago in Illinois and have a Certification in School Counseling in the states of Illinois and Texas. I am also certified as a Spiritual Director from Loyola University Chicago in Illinois. I have been working with adolescents in the school counseling profession since 2003, which also includes yearly summer wilderness therapy in Canada, Minnesota, and Texas. I have also had an evening private therapy practice for the adult population since 2005.

I moved to Texas in 2010 and January 24-28, 2011, I attended the Texas LPC Supervisor Training Course. I have over 12 years of experience as a therapist with adults and adolescents.

I am trained in EMDR and use it with clients who are experiencing post- traumatic stress, anxiety, and abuse. I am also a certified Yoga instructor as of September 2013 and I use it to bring meditation and movement in our therapy sessions. Spiritual counseling is also used in my office. I am an ordained minister through the Alliance Divine Love Ministry and I use this when clients find themselves in need of spiritual counseling or in spiritual crisis.

Licensure Status

I am currently an LPC in the state of North Carolina #10374. I am pursuing a status of LPC-S, awaiting approval.

Counseling Background

In my private practice, I work primarily with the adult population, but I also see adolescent and college-aged clients. I use cognitive behavioral therapy for the alleviation of symptoms of anxiety and depression. I work with trauma and addiction as well. I am also person centered in my work and support clients through any life transition, (including job loss or change, divorce, recent move, and sexuality realization). I also like to utilize Eco-therapy where I have sessions with clients outside of the office yet still in a confidential setting.

Supervision

I provide supervisees with consultation, as well as documents that will further their growth. I assist in organizing clinical hours as well as our dates of supervision. I am mindful of ethics, course work, client care and self-care. I greatly value the work that we do and believe in the importance of excellent supervision.

Session Fees and Length of Service

I charge supervision clients \$70 dollars a session. Cash or check will be accepted. Our sessions will be 60 minutes in length per your 40 hours of client time.

Confidentiality

The issues you discuss in supervision will be confidential with the following exceptions:

- 1) Your performance and conduct in this clinical experience will be described in general terms when I submit quarterly reports and verification of supervision forms to the NC Board of Licensed Professional Counselors and other credentialing boards or when consultation with another professional is necessary.
- 2) If I am asked to provide information about your clinical experience in the form of a recommendation for a job, licensure, or certification.
- 3) Disclosures made in triadic or group supervision cannot be absolutely guaranteed as confidential. Although I will take every measure to encourage confidentiality and act appropriately if confidentiality is not upheld.

Supervisee's Responsibilities in Supervision

- 1) Prepare for and attend sessions.
- 2) Complete homework or assignments.
- 3) Watch videotapes of counseling sessions and complete a tape critique.
- 4) Keep supervisor informed regarding all client issues and progress.
- 5) Maintain liability insurance at all times (minimum \$1M single incident/ \$3M aggregate)
- 6) Complete supervision record at each supervision session.

Supervisor's Responsibilities in Supervision

- 1) Prepare for and attend all sessions.
- 2) Provide feedback each session and a formal evaluation at each quarter and at the end of the supervision contract.
- 3) Review client case notes and other materials for quality control purposes.
- 4) Complete supervision record at each supervision session.
- 5) Maintain licensure as a clinical supervisor in NC and status as a NBCC approved clinical supervisor.

Emergency Contact

In case of emergency, you can reach me by phone 773-297-9090 or email jennfieldman@gmail.com. I also accept text messages.

Complaints

I abide by the NBCC, ACA, and NCBLPC Code of Ethics as well as the CCE's Standards for the Ethical Practice of Clinical Supervision. Although supervisees are encouraged to discuss any concerns with me first, you may file a complaint against me with any of these organizations should you feel I am in violation of any of these codes of ethics.

North Carolina Board of Licensed Professional Counselors
P.O. Box 77819
Greensboro, NC 27417
Phone: 844-622-3572 or 336-217-6007
Fax: 336-217-9450
E-mail: Complaints@ncblpc.org

Supervision Arrangements <Complete the section below to fit your preferences.>

We will meet on the following day and time: _____

Acceptance of Terms <This section should remain the same>

We agree to these terms and will abide by these guidelines.

Supervisee: _____ Date: _____

Supervisor: _____ Date: _____